

# Glyn Rhosyn & Villas

A residential care service with or without nursing, for men aged 18 and over with a learning disability or autism, or mental health conditions with associated complex needs.

Glyn Rhosyn and Villas is a specialist residential service consisting of an eight-bed nursing service with a two-bed selfcontained step-down flat, plus two three-bed semi-detached houses without nursing, designed to meet a range of individual needs:

- Glyn Rhosyn (with nursing) supports up to ten residents who have complex health needs and may require nursing care as part of their day-to-day support.
- The Villas, located next door to the main home, offers community-based residential care without nursing for up to six residents and a more independent living environment with personalised support.

At Glyn Rhosyn and Villas, we are committed to enhancing each individual's wellbeing, independence, and overall quality of life. Our person-centred approach focuses on the strengths, goals, and preferences of the people we support, ensuring care is tailored to their unique needs.

Holywell

two sites

16 bedrooms across



Men aged 18 and over



Learning disability and/or mental health conditions and/or autism.

We are not able to accept emergency or respite placements.



# **Surrounding area**

Glyn Rhosyn and Villas is ideally situated in the town centre of Holywell, Flintshire, in North East Wales. Nestled within scenic countryside and overlooking the River Dee estuary, the service combines a peaceful setting with excellent access to local amenities.

Being a community-facing service, Glyn Rhosyn and Villas benefits from an urban location with everything residents need within easy reach. The local high street, supermarket, and leisure centre are all within 300 metres of the home, making everyday outings simple and enjoyable. Residents regularly use nearby facilities such as Holywell Gym with its swimming pool, Holywell Library, and a variety of local shops and cafés.

The area is well-connected by public transport, with frequent bus services to neighbouring towns and cities. Flint railway station is less than five miles away, and the A55 expressway is just three miles from the service – offering excellent links across North Wales and beyond.

To further support independence and community engagement, residents who need additional assistance have access to three service vehicles. However, residents are actively encouraged and supported to use public transport and build confidence in navigating the local area independently.

The area is supported by Holywell Community Hospital for healthcare needs and excellent healthcare services, ensuring residents have easy access to primary care.



### What we do

## At Glyn Rhosyn and Villas, a highly skilled and multidisciplinary team provides specialist care for adults with complex needs.

Our nursing staff includes Registered Nurses in Learning Disabilities (RNLD) and Registered Nurses in Mental Health (RNMH/RMH), offering expert clinical support tailored to each resident's individual needs.

Our team is experienced in supporting individuals with a wide range of conditions, including:

- Autism
- Schizophrenia
- Mood disorders
- Chronic anxiety
- > Personality disorders
- ▶ Behaviours seen as challenging

To further strengthen our clinical care provision, Registered General Nurses (RGNs) also form part of the team. These nurses bring additional expertise in physical health care, in areas such as weight management, diabetes, epilepsy and skin conditions, and either have experience in, or are developing specialism in learning disabilities and mental health.

Glyn Rhosyn and Villas also benefits from the support of an in-house Psychologist, who delivers tailored psychological interventions. A dedicated Social Worker works with residents, families, and local authorities, to ensure individual care plans are fully aligned with residents social and emotional needs.

Our team also support residents with more complex challenges, including:

- A forensic history
- > Physical health conditions
- **E**pilepsy
- > High-level behavioural support needs

Through this diverse and experienced team, we can deliver truly person-centred care that meets both the clinical and emotional needs of each resident, supporting them to lead fulfilling and meaningful lives.



Glyn Rhosyn provides a high quality of care and support to the residents there and are able to meet the needs of individuals who have

complex care and support needs.

Care Inspectorate Wales



#### How we do it

We work closely in partnership with families, carers, and commissioning stakeholders to ensure each resident is actively involved in decisions about their care.

Our experienced and compassionate team empowers individuals to shape their own care pathways and live fulfilling, meaningful lives.

Whether someone requires high-level clinical support or is preparing for more independent community living, Glyn Rhosyn and Villas provides a safe, supportive, and enabling environment where people can thrive.

At Glyn Rhosyn and Villas, we are committed to providing the right support in the right environment. To ensure we can meet each individual's needs, we follow a thorough, personcentred admissions process.

Before offering a placement, a thorough assessment is conducted to ensure the skills, experience and quality of the service can meet the identified needs of the person, compatibility with existing residents, and any nursing or

residential care requirements. Input is gathered from the individual, their family, professionals, and consideration are given to the needs of current residents. When appropriate, a pre-placement visit, including the option of an overnight stay, is offered to help individuals become familiar with the home.

The home follows a person-centred planning approach, working closely with residents to ensure their needs, and goals remain central. A formal review takes place 12 weeks after admission involving the resident, family, local authority representatives, and other key stakeholders. Ongoing progress is reviewed regularly in locations chosen by the resident.

Residents are supported to access a full range of primary healthcare services within the community, including GP visits, dental care, opticians, and other services.

#### **Facilities**

- ➤ Eight-bed service with own garden, sensory and growing areas Glyn Rhosyn (with nursing)
- Two-bed adjacent step down flat, kitchen/diner and private garden (with nursing)
- Two, three-bed properties, each with own private garden The Villas (without nursing)
- **Community facing**
- ▶ Garden and outdoor seating area





## **Registered Manager**

#### Sophie Chamberlain, Registered Manager

Sophie began working at Glyn Rhosyn and Villas after qualifying as a Learning Disability Nurse in 2019 and also gained valuable experience in other MHC services during her time as a Student Nurse.

In 2021, she took on the role of Interim Deputy Manager and was later offered the position permanently. Sophie has completed her Level 5 qualification in Leadership and Management and is dedicated to supporting residents to lead meaningful lives and achieve their own goals.

She is passionate about reducing health inequalities for people with learning disabilities and additional needs. Sophie takes pride in developing her staff team, helping them grow and build their skills. This ongoing support ensures that residents continue to receive quality, person-centred care.

Sophie places the residents at the centre of the homes, involving them in decision making and choices as well as advocating for them at every opportunity. She promotes an ethos of personcentred practice, empowerment, celebration of achievements and least restrictive practice, which she role models through her leadership.





#### Get in touch

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