



Garth

Residential Home in North Wales

MHC

Because we care

Garth

A two-bed community facing residential home, which supports people over the age of 18, who have a learning disability or those with autism and associated mental health conditions.

Garth is a small, characterful residential home situated in the heart of Denbigh, North Wales. This specialist service offers supported living for same-gender people aged 18 and over who have a learning disability, autism and associated mental health conditions.

The home offers accommodation for just two residents and provides an intimate and highly personalised environment where bespoke support is tailored to each individual's needs, preferences, and aspirations.

Designed to promote independence, dignity, and meaningful inclusion, Garth places a strong emphasis on person-centred planning, active support, and positive risk-taking. Residents are supported to take control of their lives, build essential life skills, and actively participate in their local community. The home's central location in Denbigh provides easy access to a range of local amenities and excellent transport links, making it an ideal setting for individuals looking to live in a vibrant and connected area.



Denbigh



2 bedrooms



Same gender service



Learning Disability,
Mental Health.



People are provided with excellent quality care and support through a service which places them at the centre of everything.

Care Inspectorate Wales



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Surrounding area

Garth is ideally located in the heart of Denbigh, a charming and historic market town in North Wales.

Its central location offers residents convenient access to a wide range of local amenities, community activities, and natural beauty.

Denbigh offers all the everyday essentials within easy reach, including supermarkets, a post office, a public library, and a small retail park.

Residents benefit from access to several local GP surgeries and pharmacies, as well as Denbigh Community Hospital, which provides services such as physiotherapy, occupational therapy, and chiropody. Dental practices are also located nearby.

For those interested in learning and development, HWB Dinbych is a local centre offering a wide range of support. Facilities include training courses, IT access, a fully equipped teaching kitchen, and tailored support for employment and skills development.

Denbigh is home to a variety of leisure opportunities. Theatr Twm o'r Nant offers live performances and film screenings, while Denbigh Leisure Centre provides access to fitness classes and sports facilities. There are also several local sports clubs for football, rugby, and cricket, offering opportunities for both participation and spectating.

The town hosts a vibrant calendar of community events, including the Denbigh Carnival, Boxing Day Hunt, the Roll the Barrel race and the annual bonfire night and fireworks at Denbigh Castle.

Denbigh has good, reliable public transport links to nearby towns such as Ruthin, Mold, Rhyl, Chester, and Llandudno. For those who enjoy the outdoors, the stunning North Wales countryside is just a short journey away, providing excellent opportunities for nature walks, scenic drives, and day trips.

The town is also well-served by Denbigh Hospital and other local healthcare services, ensuring that residents have reliable access to medical care when needed.



What we do

At Garth, the philosophy of care is firmly rooted in respect, empowerment, and individuality. The team is dedicated to supporting each person to live a life with purpose, autonomy, and fulfilment.

The care offered goes beyond simply meeting needs, it is about nurturing potential, celebrating uniqueness, and fostering a genuine sense of belonging.

The service is centred around promoting independence, encouraging the development of daily living skills, and supporting individuals to take personal responsibility. Residents are supported to make informed choices, set meaningful goals, and take an active role in shaping their own lives. Care is person-led, flexible, and responsive, designed around each individual's goals, preferences, and evolving needs.

Garth offers a warm, welcoming environment where everyone is valued, respected, and supported to thrive. Privacy, dignity, and cultural identity are upheld at all times, while opportunities for community engagement and social inclusion are actively encouraged. Positive risk-taking is embraced as a vital part of building confidence and resilience, helping individuals to grow and reach their full potential.

At Garth, the staff focus on ensuring that residents live a fulfilling and happy life in a safe, supportive home.



Because we care

How we do it

Support with daily living is offered in areas such as cooking, cleaning, laundry, budgeting, shopping, and medication management, enabling individuals to build confidence and develop essential life skills. Where needed, personal care is provided with sensitivity and respect, including assistance with hygiene, dressing, and health routines.

Residents are supported to access education, volunteering, and employment opportunities, including college courses, training programmes, and work placements. Leisure and social activities are also a key part of life at Garth, with staff helping to plan and facilitate hobbies, outings, and engagement in community events that reflect personal interests and goals.

Health and wellbeing are carefully monitored, with access to GP services, regular medication reviews, and referrals to specialist services when required. Communication is supported through the use of

easy-read materials, communication passports, and advocacy services, ensuring that every individual has a voice and is fully involved in their care.

Each resident has a Person-Centred Plan (PCP), developed in partnership with them and regularly reviewed to reflect their changing needs and aspirations. Monthly Keyworker meetings provide a space to review progress, share feedback, and make any necessary adjustments to support plans.

Emotional wellbeing is at the heart of the care provided. Staff are trained to offer compassionate, consistent support, building strong, trusting relationships that help individuals feel safe, valued, and understood.

Residents are supported to access a full range of primary healthcare services within the community, including GP visits, dental care, opticians, and other services.

Facilities

Garth is a two-storey, mid-terrace house with a warm and homely feel. It offers:

- Two private bedrooms for residents
- Shared kitchen/diner and bathroom
- Two private lounge areas for residents
- Rear patio with seating and a designated covered and uncovered seated area
- Small front garden
- Telephone and Wi-Fi access throughout the home



Registered Manager

William Holmes, Registered Manager

William has over 12 years of experience in the health and social care sector, all of which have been with MHC. Throughout his career, he has dedicated himself to working with individuals who have mental health conditions and those with learning disabilities.

Starting his journey at MHC as a Support Worker, William has progressed within the organisation, accumulating extensive experience in assisting individuals with complex needs. In 2024, he was awarded a Bronze Medal at the Wales Care Awards and was recognised as the North Wales Higher Apprentice of the Year by Coleg Llandrillo. His objective is to ensure that residents enjoy the ‘best possible life’ by providing them with optimal opportunities in a supportive environment.



Get in touch

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